

# JIS College of Engineering

## Report on International Yoga Day

JIS College of Engineering celebrated International Yoga Day program to promote Yoga among youth and invoke the sentiment of National Pride in proliferating Yoga to the rest of the world and also to transformative lifestyle through yoga practice on 21.06.2019.

The students actively participated in Yoga, Poster Making Competition and Online Essay Competition. For faculties and staff, JISCE organized Yoga Session.

Here are the glimpses of the event:



